

PWSID ME0090811
LAKE ARROWHEAD COMMUNITY INC
2025 Consumer Confidence Report

General Information

Water System Contact Name: David Cameron

Address: 206 Old Portland Road

City, State, Zip Code: North Waterboro, ME 04061

Telephone #: 207-247-5239

Fax#: 207-246-5604

Email: info@lacinc.org

Report Covering Calendar Year: Jan 1 - Dec 31, 2025

Upcoming Regularly Scheduled Meeting(s): Every 3rd Saturday @ 8:30 am - 206 Old Portland Road, North Waterboro, ME 04064

No scheduled meetings at this time. Please contact for more information.

Source Water Information

Description of Water Source: Wells: 2

Lake Arrowhead water supply consists of two gravel-packed wells which obtain water from a common aquifer on the eastern side of Lake Arrowhead. Well 1 was drilled in 1992 with an estimated yield of 800 gallons per minute. Well 2 was drilled in 1999 with an estimated yield of 575 gallons per minute.

Water Treatment & Filtration Information:

Lake Arrowhead drinking water is treated with caustic soda for corrosion control.

Source Water Assessment:

The sources of drinking water include rivers, lakes, ponds, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally occurring minerals and radioactive material and can pick up substances resulting from human or animal activity. The Maine Drinking Water Program (DWP) has evaluated all public water supplies as part of the Source Water Assessment Program (SWAP). The assessments included geology, hydrology, land uses, water testing information, and the extent of land ownership or protection by local ordinance to see how likely our drinking water source is to being contaminated by human activities in the future. Assessment results are available at town offices and public water systems.

Definitions:

Action Level (AL): The concentration of a contaminant that, if exceeded, triggers treatment or other requirements that a water system must follow.

Locational Running Annual Average (LRAA): A 12 month rolling average of all monthly or quarterly samples at specific sampling locations. Calculation of the RAA may contain data from the previous year.

Maximum Contaminant Level or MCL: The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

Maximum Contaminant Level Goal or MCLG: The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

Maximum Residual Disinfectant Level (MRDL): The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

Maximum Residual Disinfectant Level Goal (MRDLG): The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

Running Annual Average (RAA): A 12 month rolling average of all monthly or quarterly samples at all locations. Calculation of the RAA may contain data from the previous year.

Secondary Maximum Contaminant Level (SMCL): Non-mandatory water quality standards.

Treatment Technique (TT): A required process intended to reduce the level of a contaminant in drinking water.

Units:

ppm = parts per million or milligrams per liter (mg/L). pCi/L = picocuries per liter (a measure of radioactivity).

ppb = parts per billion or micrograms per liter (µg/L). ppt = parts per trillion or nanograms per liter (ng/L)

MFL = million fibers per liter.

pos = positive samples.

Water Test Results

<i>Contaminant</i>	<i>Date</i>	<i>Results</i>	<i>MCL</i>	<i>MCLG</i>	<i>Possible Sources of Contamination</i>
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Microbiological

COLIFORM (TCR) (9)	Nov 2025	3 pos	1 pos/mo or 5%	0 pos	Naturally present in the environment.
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Inorganics

NITRATE (6)	5/13/2025	0.78 ppm	10 ppm	10 ppm	Runoff from fertilizer use. Leaching from septic tanks, sewage. Erosion of natural deposits.
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Radionuclides

COMBINED RADIUM (-226 & -228)	9/8/2022	0.6 pCi/l	5 pCi/l	0 pCi/l	Erosion of natural deposits.
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RADON (8)	9/8/2022	985 pCi/l	4,000 pCi/l	4,000 pCi/l	Erosion of natural deposits.
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Lead/Copper

COPPER 90TH% VALUE (5)	1/1/2021 - 12/31/2023	0.085 ppm Range (0-0.129 ppm)	AL = 1.3 ppm	1.3 ppm	Corrosion of household plumbing systems.
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Number of sampling sites exceeding the action level: **0**

LEAD 90TH% VALUE (5)	1/1/2021 - 12/31/2023	2 ppb Range (0-4 ppb)	AL = 15 ppb	0 ppb	Corrosion of household plumbing systems.
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Number of sampling sites exceeding the action level: **0** Complete lead tap sampling data are available upon request

Notes:

- 1) Arsenic: While your drinking water may meet EPA's standard for Arsenic, if it contains between 5 to 10 ppb you should know that the standard balances the current understanding of arsenic's possible health effects against the costs of removing it from drinking water. EPA continues to research the health effects of low levels of arsenic, which is a mineral known to cause cancer in humans at high concentrations and is linked to other health effects such as skin damage and circulatory problems. Quarterly compliance is based on running annual average.
- 2) E. coli: E. coli are bacteria whose presence indicates that the water may be contaminated with human or animal wastes. Human pathogens in these wastes can cause short-term effects, such as diarrhea, cramps, nausea, headaches, or other symptoms. They may pose a greater health risk for infants, young children, the elderly, and people with severely-compromised immune systems.
- 3) Fluoride: For those systems that fluoridate, fluoride levels must be maintained between 0.5 to 1.2 ppm. The optimum level is 0.7 ppm.
- 4) Gross Alpha: Action level over 5 pCi/L requires testing for Radium 226 and 228. Action level over 15 pCi/L requires testing for Uranium. Compliance is based on Gross Alpha results minus Uranium results = Net Gross Alpha.
- 5) Lead/Copper: Action levels (AL) are measured at consumer's tap. 90% of the tests must be equal to or below the action level.
- 6) Nitrate: Nitrate in drinking water at levels above 10 ppm is a health risk for infants of less than six months of age. High nitrate levels in drinking water can cause blue baby syndrome. Nitrate levels may rise quickly for short periods of time because of rainfall or agricultural activity. If you are caring for an infant you should ask advice from your health provider.
- 7) PFAS: The degree of risk depends on the level of chemicals and duration of exposure. Laboratory studies of animals exposed to high doses of PFAS have shown numerous negative effects such as issues with reproduction, growth and development, thyroid function, immune system, neurology, as well as injury to the liver. Research is still relatively new, and more needs to be done to fully assess exposure effects on the human body.
- 8) Radon: The State of Maine adopted a Maximum Exposure Guideline (MEG) for Radon in drinking water at 4000 pCi/L, effective 1/1/07. If Radon exceeds the MEG in water, treatment is recommended. It is also advisable to test indoor air for Radon.
- 9) Total Coliform Bacteria: Reported as the highest monthly number of positive samples, for water systems that take less than 40 samples per month.
- 10) TTHM/HAA5: Total Trihalomethanes and Haloacetic Acids (TTHM and HAA5) are formed as a by-product of drinking water chlorination. This chemical reaction occurs when chlorine combines with naturally occurring organic matter in water. Compliance is based on LRAA.
- 11) Turbidity: Turbidity has no health effects. However, turbidity can interfere with disinfection and provide a medium for microbial growth. Turbidity may indicate the presence of disease-causing organisms. These organisms include bacteria, viruses, and parasites that can cause symptoms such as nausea, cramps, diarrhea and associated headaches.

All other regulated drinking water contaminants were below detection levels.

Secondary Contaminants (You are not required to list detects for secondary contaminants, but this information, particularly sodium levels, might be useful to your customers. The decision to supply this information in your CCR is up to you.)

SODIUM	9.8 ppm	12/21/2023
MAGNESIUM	1.55 ppm	12/21/2023
CHLORIDE	10 ppm	12/21/2023
MANGANESE	0.028 ppm	12/21/2023

Health Information

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk.

Contaminants that may be present in source water include:

Microbial contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, and wildlife.

Inorganic contaminants, such as salts and metals, which can be naturally occurring or result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming.

Pesticides and herbicides, which may come from a variety of sources such as agriculture, urban stormwater runoff, and residential uses.

Organic chemical contaminants, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production and can also come from gas stations, urban runoff, and septic systems.

Radioactive Contaminants, which can be naturally-occurring or be the result of oil and gas production and mining activities.

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers.

EPA/CDC guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbial contaminants are available from the Safe Drinking Water Hotline (1-800-426-4791) or at the following link:

<https://www.epa.gov/ccr/forms/contact-us-about-consumer-confidence-reports>

Unregulated Contaminants Monitoring

Unregulated contaminants are those for which U.S. EPA has not established drinking water standards. The purpose of unregulated contaminant monitoring is to assist EPA in determining the occurrence of these contaminants in drinking water and whether future regulation is warranted. In 2023 we participated in the fifth round of the Unregulated Contaminant Monitoring Rule (UCMR 5). We had the following detections for contaminants in this round of testing:

Contaminant	Sample Year	Avg Level Found	Range of Detections
Lithium	2025	12.25 ppb	11-14 ppb

Lead and Copper

Lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. Your public water system is responsible for providing high quality drinking water and removing lead pipes, but cannot control the variety of materials used in plumbing components in your home. You share the responsibility for protecting yourself and your family from the lead in your home plumbing. You can take responsibility by identifying and removing lead materials within your home plumbing and taking steps to reduce your family's risk. Before drinking tap water, flush your pipes for several minutes by running your tap, taking a shower, doing laundry or a load of dishes. You can also use a filter certified by an American National Standards Institute accredited certifier to reduce lead in drinking water. If you are concerned about lead in your water and wish to have your water tested, contact your public water system. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available at: <http://www.epa.gov/safewater/lead>

Our public water system completed a Lead Service Line Inventory (LSLI) as required by the Revised Lead and Copper Rule. It is publicly accessible by either contacting your system via phone or email, picking up or viewing a copy at a physical address, or via the website link provided (must link directly to report). Our system is making the inventory available using this method: <https://s3.us-west-002.backblazeb2.com/LACORGnerdynate/2025/12/Updated-Water-Service-Inventory.pdf>

Total Coliform Bacteria Level Assessments

Coliforms are bacteria that are naturally present in the environment and are used as an indicator that other, potentially harmful, waterborne pathogens may be present or that a potential pathway exists through which contamination may enter the drinking water distribution system. We found coliforms, indicating the need to look for potential problems in water treatment or distribution. When this occurs, we are required to conduct assessment(s) to identify problems and to correct any issues that were found during these assessments.

A Level 1 Assessment is an investigation of the water system designed to identify potential problems and determine (if possible) why total coliform bacteria have been found in our water system. During the past year, we were required to conduct 1 Level One assessment(s). We completed 1 Level One assessment(s). Based on the assessment(s), we were required to take 1 corrective actions and we completed 1 of these actions.

Violations

Violation Period	Violation Type
3/1/2025 - 3/31/2025	3A Violation - MONITORING, ROUTINE, MINOR (RTCR) E. COLI

We are required to monitor our drinking water for specific contaminants on a regular basis. Results of regular monitoring indicate whether or not our drinking water meets health standards. During 2025, we did not test for, or failed to collect all necessary tests for total coliform bacteria, OR our results were not reported to the DWP on time (indicated as a Reporting violation above).

Waiver Information (to be included in the CCR for systems that were granted a waiver)

We failed to adequately test for all Synthetic Organic Compounds in 2024

Please share this information with anyone who drinks this water (or their guardians), especially those who may not have received this report directly (for example, people in apartments, nursing homes, schools, and businesses). You can do this by posting this report in a public place or distributing copies by hand, mail, email, or another method.